

GRANITE BAY BASKETBALL ACADEMY PRESENTS:

SATURDAY SKILL SESSIONS

Every Saturday from September 12 — October 17, 2009 @ Granite Bay High School

Boys: 9:00am — 10:30am/Girls: 10:45am-12:15pm

Ages 8-17 / All Levels Welcome

Players will be divided by age & skill level

THE GOAL of Saturday Skill Sessions is the improvement of every player. Be assured that you will learn new basketball skills and what it takes to improve as a player. You will be coached in specific drills and shown effective techniques in a positive and motivating environment.

The daily team games will allow players the opportunity to put to practical use everything they're taught.

If you are preparing for your upcoming season or want to be pushed to your potential, you won't want to miss a single Saturday Skill Session.

TAKE THE CHALLENGE TO IMPROVE YOUR GAME

What You'll Learn

DEFENSE

Stance • Slides • Closeout • Guarding Screeners
Jumping to the Ball • Blockouts • Rebounding

OFFENSE

Skill moves (sweep, jab step, shot fake, blast, etc.)
Shooting Technique • Passing • Dribbling
Middle Cuts / 7 cuts • Proper Screening

PRICE: 100\$ for all sessions
\$25 drop-in

Head Instructor, Jimmy Carroll will lead this high energy camp. Carroll is a former Division 1 player, former professional player and currently the men's varsity assistant coach at Granite Bay High School.

Make All Checks Payable to Foothill Basketball
Send payments to P.O. Box 9006 • Auburn, CA 95604

For More Information, Contact Jimmy Carroll: 530.613.2407
or email: fbchoops@hotmail.com

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Name of Participant: _____

Age of Participant: _____ Grade: _____ Gender (circle): M F

Address: _____

Phone (home): _____ Phone (cell): _____

Email Address: _____

Emergency Contact: _____ Relation: _____

Phone Number: _____

There are NO REFUNDS
AGREEMENT, WAIVER, & RELEASE

In consideration for being permitted by Saturday Skill Sessions, I hereby waive, release, and discharge any and all claims for damages for personal injury, death or property damage which I may have, or which may hereafter accrue to me as a result of participation in said activity. This release is intended to discharge in advance Jimmy Carroll, Foothill Basketball and Saturday Skills Sessions (its officers, employees and agents) from any and all liability arising out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. _____ It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss. Liability, damage, cost or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating in said activity. PARENTAL CONSENT: I hereby consent that my son/daughter, _____, participate in the above activity and I hereby execute the above Agreement, Waiver & Release on his/her behalf. I state that said minor is physically able to participate in said activity. I agree that in the event that said minor requires medical treatment while under the supervision of Jimmy Carroll and Saturday Skill Sessions personnel, in connection with described activity, such superior may authorize treatment.

I have Carefully read this Agreement, Waiver & Release and fully understand its contents. I am aware that this is a release of liability and a contract between myself and Jimmy Carroll's Foothill Basketball Shooting Clinic and I sign it of my own free will.

Name (print): _____

Signature: _____ date: _____

To Sign Up: Fill out this registration form and send it in with a \$100 check to : P.O. Box 9006 Auburn, CA 95604

Please make all checks payable to Foothill Basketball Camp

For any other questions, call 530-613-2407 or email: fbchoops@hotmail.com